

HUSKIES OPTIMISTIC FOR AUS SEASON, PG9



EASY MONEY WEEKDAYS
@ 7:13am, 8:13am, 12:13pm & 4:13pm

Tenant questioned in deadly fire

FATALITY The RCMP were questioning "a person of interest" yesterday after a fire that police call suspicious killed one man and extensively damaged a two-storey rooming house in the overnight hours in Waterville, Kings County.

RCMP spokesman Const. Les Kakonyi said yesterday police and local fire fighters were called to the blaze on Rafuse Road around midnight. Nine people lived in the rooming house for adults, with eight able to get out. Two were sent to hospital for precautionary reasons. Kakonyi didn't know the age of the male victim. His name hasn't been released yet.

He said the suspect being questioned by police was a tenant of the building. Kakonyi said it was too early to determine if charges are pending against the individual, who was still being questioned late yesterday.

"We're dealing with a suspicious fire, no question about that," Kakonyi said.

The Red Cross said the rooming house was engulfed in flames when fire fighters arrived on scene.

PHILIP CROUCHER/METRO HALIFAX

News on the Move

What's this bar code for?



Find out on pg 3

Urban Foodie p16

Urban Foodie's inaugural column serves up The Carleton



Comment pg 6

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metr



Metro Homes

Making some fun for the family room

pg 11



Suspect escapes standoff

Man believed to have left out of 10th-floor window

GEOFF DAVIES
for Metro Halifax



A nearly seven-hour stand-off in a north end Halifax apartment building left police officers empty-handed yesterday, as the man they hoped to arrest may have escaped through his 10th-storey window.

Officers were at the Ocean Towers building at 2309 Brunswick St. by 10 a.m. after receiving a call about a domestic assault "of a serious nature," Halifax Regional Police spokesman Brian Palmeter told reporters on scene.

Palmeter said police had reason to believe the young man wanted in relation to this alleged assault was in the apartment, after officers spoke with him by phone and spotted him through the window as late as 2 p.m.

Police searched the apartment at 4:35 p.m. after getting a warrant to enter the suspect's unit, but there was no sign of him. Palmeter said the balcony door of

the 9th floor apartment underneath was damaged, leading police to think he may have climbed down from his 10th-storey balcony and broken into the apartment below, which was vacant.

"There was a brief window of opportunity, when officers were setting up on the building ... that that could've been done," Palmeter said.

"We're not 100 per cent convinced that that's how he made his escape, but at this point he's not in the apartment and we did have the outer door covered."

As of last night, Halifax Regional Police had yet to confirm the suspect's identity and couldn't give a description of him, although he could be in his early 20s. Palmeter said police believe he is new to Nova Scotia.

As for the alleged assault victim, Palmeter said she is a young woman who was likely in an intimate relationship with the suspect. She is now safe, and was not in the room during the stand-off, he said.

Halifax Regional Police officers look over the balcony of a 10th-floor apartment on Brunswick Street after a domestic dispute call yesterday. Police believe the suspect gave them the slip by scaling down the balcony and entering the vacant ninth-floor apartment directly below.

No quick fix for Riverview abuse cases: NDP

RIVIEW Nova Scotia's NDP government says quick changes are not planned to a centre for the mentally handicapped and mentally ill where 19 cases of physical, emotional or sexual abuse of residents were recorded over an almost two-year period.

Community Services Minister Denise Peterson-Rafuse said she needs some time to consider an ongoing

departmental review of the Riverview adult rehabilitation centre in Riverton, south of New Glasgow.

She said the review, expected this fall, will look at programs offered and administration of the Riverview centre — as well as consider what lies behind the 19 cases.

"Any abuse is too high, but ... you're dealing with residents who have very

complex issues and a great deal of stress," Peterson-Rafuse said by phone.

She said of the 19 cases, 10 were of unwanted sexual contact between residents, and those could include relatively minor cases of unwanted advances or touching.

Four cases involved staff physically abusing residents, which is defined by the Protection of Persons in

Care Act as actions "resulting in pain, discomfort or injury." Peterson-Rafuse said one staff member was suspended.

There were also two cases determined to be "founded" by investigators of neglect by staff, defined as failure to provide adequate care. And there were two cases of emotional abuse by staff.

Manning MacDonald, the

Liberal party's community services critic, said he found it "unbecoming" that an NDP government wasn't promising quick changes and a deeper investigation into the extent of abuse.

The 19 cases represent almost half of the 43 cases in Nova Scotia that were classified as "founded" between Oct. 2, 2007, and July 31, 2009.

THE CANADIAN PRESS



Local



Just For Laughs tour here in October

In need of a good chuckle? Well, good news as The Capital One Just For Laughs Comedy Tour is returning to Halifax for two shows at the Rebecca Cohn Auditorium on Saturday, Oct. 24. Scotland's Danny Bhoy, left, is back as one of the headliners as performances take place at 7 p.m. and 9:30 p.m. Also on the lineup are Pete Correale and Godfrey, both from the United States, and Canada's Steve Patterson. Hosting the show is Canadian Sugar Sammy. Tickets are \$39.50, taxes in, and go on sale Monday, Sept. 14 at noon.

METRO HALIFAX



Apt.-style units prompt spur in housing starts

CONSTRUCTION Halifax saw a surge in housing construction last month compared to a year earlier thanks to new apartment-style units.

According to a release issued yesterday from the Canada Mortgage and Housing Association, 229 housing construction jobs were started last month, compared to 123 in August of 2008. That marks a jump of over 86 per cent, or 106 housing starts.

"The large increase in residential construction last month was due to the start of 130 apartment-style units in Halifax," spokesman Matthew Gilmore said in a release, which added apartments contributed to the number of multiple-unit starts soaring almost 535 per cent, from 23 to 146.

The same comparison made nation-wide revealed a 27 per cent drop in total housing starts, from 16,807 units in August 2008 to 12,187 units last month.

METRO HALIFAX

Feds give \$700K for area at-risk youth

Money part of \$2M for crime prevention initiatives in Atlantic Canada

GEOFF DAVIES
for Metro Halifax

A Halifax-area youth program will be among those reaping the benefits of nearly \$2-million earmarked by Ottawa for crime prevention initiatives in Atlantic Canada.

Of that money, almost \$700,000 over three years will be going to the local program for at-risk teenagers, Public Safety Minister Peter Van Loan said yesterday at Halifax Regional Police headquarters on Gottingen Street.

"The bottom line is that we can keep young people from ever getting involved with crime in the first place," Van Loan said.

The local program, put on in Spryfield by the Chebucto Communities Development Association, will be aimed at teenagers who are at risk of getting involved in criminal activities. According to Public Safety Canada, its focus will include "life skills, drug resistance and conflict resolution training."

The money will also be



Peter Van Loan

going to help at-risk youth on Nova Scotia native reserves, as well as to promote knowledge-sharing between Atlantic Canada's crime prevention professionals.

Van Loan said programs like this are part of his government's three-pronged plan to fight crime, along with implementing tougher sentences and hiring more police officers.

"In many ways we've lost this generation," HRP Deputy Police Chief Chris McNeil said at the

funding announcement. "These programs are designed to prevent the next generation (from) stepping into their place."

"As a police officer I can take back any corner ... I can take it back from drug dealing or violence. We only keep it with programs that are designed to prevent the next generation from stepping in."

For Van Loan, this announcement comes at a time when his government is facing a struggle on Parliament Hill.

The federal minister made several references to the possibility of what he

called an "unnecessary early election," saying several of his government's other crime bills will "die on the order paper" if they are toppled by the Opposition.

Van Loan emphasized however the money for this plan is already spent and not at risk.

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Oops Frozen in time



The sign on the CBC building at the intersection of South Park and Sackville streets in Halifax registers a frigid temperature of -51 degrees Celsius while a cyclist pedals past yesterday. The sign was just a bit off, with the actual temperature hitting a high of 18 degrees Celsius yesterday.

Dist. 6 decision should have waited: Candidate

One of seven candidates hoping to fill the empty seat in council chambers said yesterday he's wondering why a decision affecting East Dartmouth-The Lakes was made before that district's residents have the opportunity to pick their new representative.

Halifax Regional Council held a public hearing Tuesday night and subsequently voted in favour of rezoning an area around Waverley Road, where residents haven't had a city councillor since Andrew Younger jumped ship for provincial politics. Younger was voted in as MLA for the Dartmouth East riding during the provincial election this past June.

A by-election for the district Younger used to represent municipally is scheduled for Sept. 19, so candidate Tracey Devereaux thinks council should have held off until after that on any decisions for the area.

"My concern is more with the process," he said yesterday. "I'm kind of disappointed that council would have

Rezoning

- City councillors agreed Tuesday to rezone land between Red Bridge Pond and Montebello Drive to allow for a mix of residential and commercial properties, after hearing from three citizens who shared their views during the public hearing.

a public hearing and then a vote on a District 6 issue less than two weeks prior to there being a by-election."

Devereaux said an elected official should have been there to express concerns from constituents and to ask "clarification questions during debate."

Devereaux, who works for the Justice Department teaching young offenders, tried his hand at provincial politics by running for the Liberals three years ago. The other candidates vying for the vacant District 6 seat are Robin Allen, Phil Brown, Shane Dafoe, Darren Fisher, John McMillan and Brian Warshick.

KRISTEN LIPSCOMBE/METRO HALIFAX

\$150K offered for info in cold case from 2000

DISAPPEARANCE The provincial government announced yesterday it's now offering up to \$150,000 for information that leads to the arrest and conviction of those involved in the disappearance of a Colchester County man nine years ago.

Charles Robert Maddison was 55 years old when he went missing after leaving his Portapique home at about 7 a.m. Sept. 8, 2000, headed for appointments in Halifax. Maddison is believed to have been a victim of foul play and his is the 58th case to become part of the province's Major Unsolved Crimes Program.

A Justice Department news release says a friend spoke to Maddison before 7 a.m. on the day he disappeared, adding several people reporting seeing his 1989 blue Dodge Dakota truck in the Portapique and Great Village areas, as well as on Highway 102 near Truro, later that morning. His truck turned up abandoned the following day, in an East Hants clearing. Anyone with information is asked to call 1-888-710-9090.



Charles Robert Maddison

metronews.ca

What's online today.

Video A new poll finds Michael Ignatieff's election sabre-rattling has put a dent in his popularity at metronews.ca/canada
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Video Gov. Gen. Michaëlle Jean wraps up a secret two-day visit to Afghanistan, vows the war is not a 'lost cause' at metronews.ca/canada

Lotteries

Lotto 6/49: 3, 6, 17, 27, 28 & 44. Bonus 43
These results are not official.

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News in brief

FIRE A 25-year-old man is facing several charges including arson after fire broke out against the front wall of the St Paul's & St Anthony's Parish in Dartmouth early yesterday. Police say they received a call at 2:43 a.m. that the front of the church at 199

Windmill Road had been set on fire. The fire was extinguished and police say a suspect was taken into custody at the scene. Vernon Paul of Dartmouth is facing a charge of arson and three counts of breaching conditions.

METRO HALIFAX

METRO HALIFAX

New chief takes helm at Greater Halifax Partnership

The Greater Halifax Partnership has named Paul A. Kent its new president and chief executive officer. Kent, a graduate of Saint Mary's University, is a former senior vice-president of Bell Aliant. Kent will officially take over the role from outgoing president and CEO Stephen Dempsey on Oct. 19. **METRO HALIFAX**

Lawyer calls military justice 'cruel'

Wilcox's sentencing hearing

Canada's military justice system was subjected to a stinging critique yesterday by the lawyer for a young Canadian soldier convicted in the accidental shooting death of a comrade in Afghanistan.

Maj. Steve Turner, who represents Cpl. Matthew Wilcox, told his client's sentencing hearing that the limited range of sentencing options under military law is unconstitutional as it constitutes cruel and unusual punishment.

"We've really tied our hands in terms of what we can impose in terms of punishment," Turner told Cmdr. Peter Lamont, the military judge who presided over the nine-week court martial at the Victoria Park garrison in Sydney.

Wilcox, a 24-year-old reservist from Glace Bay, N.S., was convicted in July

of criminal negligence causing the death of Cpl. Kevin Megeney, a close friend and fellow reservist. Wilcox was also convicted of neglect of duty for firing his Browning 9-millimetre pistol inside his tent at Kandahar Airfield on March 6, 2007.

Turner said the military's so-called Scale of Punishments within the National Defence Act has not evolved much since the 1950s, which means military judges don't have the same tools that civilian judges do.

The sentencing hearing is expected to wrap up tomorrow.

THE CANADIAN PRESS

Auditor general will be paid \$150,000, Kelly says

APPOINTMENT Halifax Regional Municipality's first auditor general will make \$150,000 annually, Mayor Peter Kelly confirmed yesterday.

Larry Munroe, who has held senior positions for several municipalities and has provided services for the province of New Brunswick as well as non-profit groups, will start his seven-year term Sept. 28, according to an HRM news release.

Munroe was picked through a national recruitment campaign this spring, the release says, adding the city's audit committee recommended his appointment to Halifax Regional Council last

month. He'll develop a work plan with council during his first six months on the job and will report to the public annually.

Coun. Gloria McCluskey, chairwoman of the audit committee, says in the release that Munroe is responsible for helping council hold "itself and administration accountable for the quality of stewardship over ... public funds and for achieving value for money in the operation of the municipality."

The province amended legislation last year requiring council to appoint an auditor general. Chief administrative officer Dan English says in the release that "independence and transparency are key to enhancing public confidence in the municipal service delivery system."

News in brief

LABORATORY Dartmouth High School opened up a new state-of-the-art laboratory yesterday, with help from a \$50,000 Future Shop grant and in conjunction with the city's school board. What's described in a company news release as an "innovations lab" will house an audio-video broadcasting sta-

METRO HALIFAX

Cenotaph's \$200,000 facelift prompted by structural issues

PHILIP CROUCHER
philip.croucher@metronews.ca

PROJECT The Cenotaph in Halifax's Grand Parade is undergoing an extensive restoration project over the next eight weeks at a cost of about \$200,000.

A release issued by the Halifax Regional Municipality yesterday said the work is the continuation of a summer project — a partnership with the federal government — that began as cleaning of the bronze work and stones of the monument.

But the release added a further examination found the 80-year-old Cenotaph "has significant structural issues including deteriorating of the concrete foundation and loss of grout between the large granite blocks."

This means the Cenotaph will be dismantled so the portion deteriorating can be replaced, including some bronze pieces being removed and treated by a conservator.



Workers continue the restoration of the cenotaph in Halifax's Grand Parade yesterday. The monument needs significant repairs and the work will be done at a cost of \$200,000.

The Cenotaph "has significant structural issues including deteriorating of the concrete foundation and loss of grout."

Halifax Regional Municipality release

Wildwood Masonry is

doing the work at a cost of about \$150,000, with a further \$50,000 for engineering services, conservation work and associated expenses, the release said.

The municipality is putting up the money for the work, but will ask the provincial and federal governments to see if they'll consider helping out to ease the financial cost.

Aviation program gets Boeing cash boost

TRAINING A new aircraft maintenance engineering program will be able to take off thanks to \$250,000 in American currency from The Boeing Company, the Nova Scotia Community College announced yesterday.

The cash will help develop training and test equipment for the two-year diploma program that kicked off at the Aviation Institute in Dartmouth this month, an NSCC news release says.

The investment is part of the Industrial and Regional Benefits policy under Industry Canada.

"The funds provided by Boeing will enhance the student learning experience and allow us to purchase the latest training aids to teach students the essential skills needed to work in this industry," NSCC president Joan McArthur-Blair said in a news release.

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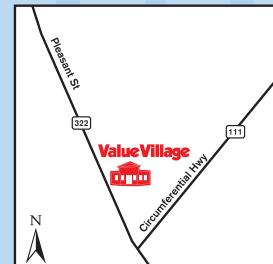
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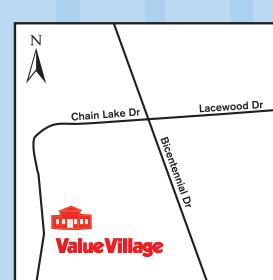
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A cabinet minister in Jean Charest's provincial government has resigned following conflict-of-interest allegations, news reports said yesterday. Labour Minister David Whissell is set to announce his decision to step down, said the reports from LCN and Radio-Canada television networks. **THE CANADIAN PRESS**

Canada



Jean wraps up Afghan tour

Gov.-Gen. Michaëlle Jean has wrapped up a two-day whirlwind tour of Afghanistan, where she's encouraging Canadian soldiers to stay the course in helping better the lives of the Afghan people. Jean, honorary commander-in-chief of the Canadian Forces, says she's saddened that there is any debate at all over whether Canada should be helping the country's less fortunate. She says the suggestion that it's a "lost cause" hurts her deeply.

THE CANADIAN PRESS

Drunk driver gets life in jail

Quebec man spared dangerous offender status after 19th conviction

It's not the sentence they were looking for, but Crown prosecutors say a legal precedent was still set yesterday.

A Canadian court has, for the first time ever, sentenced a drunk driver to life in prison, said Crown lawyer Joey Dubois.

Roger Walsh, 57, was handed the ruling in a courtroom west of Montreal. He pleaded guilty to mowing down a wheelchair-bound woman last year after a night of binge drinking.

It was his 19th drunk-driving conviction.

Quebec court judge Michel Mercier declared the man incorrigible and said he would be likely to reoffend.

But he did not hand

prosecutors the legal prize they were hoping for: dangerous offender status for Walsh.

The Crown had been seeking to make Walsh the first Canadian subjected to that designation for drunk driving.

The judge concluded that the designation — which has been reserved for the worst criminals, like murderers and serial rapists — did not apply here.

THE CANADIAN PRESS

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Sara Khudaverian holds a photo of her late daughter, Anee, yesterday in Valleyfield, Que. Roger Walsh was condemned to life in prison in the case where he drove over and killed Anee.

Iggy's popularity wanes: Poll

POLITICS A new poll suggests Canadians think Michael Ignatieff is wrong to try to force an election this fall and the Liberal leader's popularity has nosedived as a result.

The Canadian Press Harris-Decima survey also suggests Liberal fortunes have dipped, with the Conservatives taking a slight lead nationally — 34 per cent to 31.

The NDP was at 15 per cent, the Greens at 10, and the Bloc Québécois at eight.

According to the poll, respondents with a negative impression of Ignatieff jumped 15 points from March, to 41 per cent.

Numbers

- The poll of just over 2,000 Canadians was conducted Aug. 27 to Sept. 6 and is considered accurate to within 2.2 percentage points 19 times in 20.

Thirty-nine per cent had a favourable impression, down six points.

Stephen Harper isn't doing much better — impressions of the prime minister remained virtually unchanged with 44 per cent having a favourable opinion and 45 per cent having an unfavourable opinion.

THE CANADIAN PRESS

News in brief

FOOD PRICES Canadian shoppers should expect to pay more at supermarket cash registers this fall as food prices

keep ticking higher despite a weak economy, according to industry watchers.

THE CANADIAN PRESS



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Kenya's elephants in crisis

Conservationists say more than 100 of Kenya's famous elephants have died in the country this year through poaching or drought-related hunger. Save the Elephants head Iain Douglas-Hamilton says increased poaching could be related to last year's decision by an international regulatory body to allow African countries to sell off confiscated ivory stockpiles. **THE ASSOCIATED PRESS**

World



Hubble sends pics home

A refurbished Hubble Space Telescope is showing Earth the sharpest photos yet of cosmic beauty, left, complete with heavenly glows. NASA yesterday unveiled the first deep space photos taken by Hubble since its billion-dollar repair mission earlier this year. That work included installing two new cameras, more science instruments and replacing broken parts.

THE ASSOCIATED PRESS



U.S. President Barack Obama boards Air Force One yesterday prior to his departure for New York.

Obama makes his case

HEALTH CARE U.S. President Barack Obama summoned Congress to enact sweeping health care legislation last night, declaring the "time for bickering is over" and the moment has arrived to help millions who have insurance and many more without it.

His nationally televised address on Capitol Hill came as Obama's popularity is falling, opposition Republicans are on the attack and his fellow Democrats

are divided about what kind of plan to pursue. "I am not the first president to take up this cause, but I am determined to be the last," Obama said.

The nastiness of August's health care debate reached into the U.S. Capitol as Obama tried to move his reform plan forward.

South Carolina Republican Rep. Joe Wilson shouted "You lie!" after Obama had talked about illegal immigrants. **THE ASSOCIATED PRESS**

Iran presented world powers yesterday with a proposal for new talks with the West, though Iranian President Mahmoud Ahmadinejad has ruled out negotiations over uranium enrichment, the UN's central concern over his country's controversial nuclear program.

Foreign Minister Manouchehr Mottaki gave a package of proposals to diplomats representing the five permanent members of the UN Security Council and Germany in a meeting in Tehran attended by journalists.

The proposals come as the UN nuclear watchdog agency is holding a meeting in Austria.

The IAEA chief Mohammed ElBaradei has said his agency is locked in a "stalemate" with Iran and has urged Tehran to "substan-

"We can spend days and nights here talking about this issue but unless we talk to each other we will not move forward."

IAEA chief Mohammed ElBaradei

tively re-engage" with the Vienna-based watchdog to prove there are no military dimensions to its nuclear program.

ElBaradei stressed yesterday that dialogue was key to breaking the "logjam" and urged Tehran to accept the offer to talk.

"We can spend days and nights here talking about this issue but unless we talk to each other and not at each other we will not move forward," he said.

U.S. President Barack Obama and European allies have given Iran until the end of September to take up an offer of nuclear talks with six world powers and

trade incentives should it suspend uranium enrichment. If not, Iran could face harsher punitive sanctions.

But Iranian President Mahmoud Ahmadinejad said Monday that Iran considered the nuclear issue closed and rejected any halt to enrichment.

THE ASSOCIATED PRESS

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News in brief

HIJACKING A jetliner from Cancun was briefly hijacked as it landed in Mexico City yesterday. The hijackers released all passengers shortly before police stormed the plane, and the crew emerged unharmed moments later. Police, who did not fire a shot, led as many as eight handcuffed men away from the aircraft.

SOMALIA A Somali Islamic court hacked a hand each from two screaming men accused of theft and lashed another accused of rape yesterday, officials and a witness said, the latest in a series of harsh punishments that have elicited both admiration and revulsion from the war-weary population. A witness said two masked men carried out the amputations immediately after Sheik Abdibasit Mohamed, an Islamic judge pronounced the sentence. An Al-Shabab militia spokesman said the three men had admitted the charges against them.

THE ASSOCIATED PRESS

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

Take time to know thy neighbour

Relating

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didn't know Dianne Trottier. She and I lived in the same building. I would see Dianne in the lobby. In the elevator. Out and about running errands or walking her dog.

The most that we ever exchanged were nods of familiarity and the occasional guarded smile.

Dianne was killed Aug. 30 in Fredericton, the victim of a hit-and-run. And it's only in death that I'm finally getting to know my neighbour.

Dianne was not much older than me. She worked first as a writer, then as a producer for CBC News. She was a star player in the Toronto Power Wheelchair Hockey League. She did not allow her disability to limit or de-

fine her. She loved to cook. She was, by all accounts, well-liked, funny and fearless. Dianne Trottier was small but mighty.

I didn't know any of these things about Dianne.

I didn't even know her name because I never bothered to ask.

Had I only known that the woman with whom I frequently shared an elevator was a journalist, blessed with a razor-sharp wit. Had I only known that she was stupefyingly brave and out-

spoken. I'd often wondered about the accessibility ramp in my local grocery store and it's only now I'm learning that Dianne was the person who placed the calls to make it happen.

Learning about this amazing woman now, after the chance has passed for me to get to know her, fills me with a combination of guilt, shame and regret.

When I was a kid, we knew just about everyone on our street. We'd play ball, hockey and jump rope on

each other's driveways. The adults would share backyard produce, chat over fences and shout greetings across the street. Then we moved to a new street. My parents have lived there for more than 15 years and I still don't know the names of our next-door neighbours on one side. Not an uncommon occurrence in major cities.

It's even worse in apartment and condo buildings, these people-hives that often lack common areas or senses of community.

We've become so guarded. In this age of guerrilla sales pitches and religious solicitors, friendly chit-chat is frequently met with suspicion. Being in an elevator with other people is a study in awkwardness. It seems so much easier to just keep to ourselves.

Good fences make good neighbours, true, but we've built up brick walls.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Expand high-tech strategy for women

Wendy
Cukier

Canada's high-tech sector is an engine of economic growth. Observers recently celebrated the increased enrolments in engineering and related technologies reported by Statistics Canada. But the picture is not entirely rosy — the number of females enrolled in these disciplines has declined since 2002. Enrolment in mathematics, computer science and information sciences have fallen by 29.1 per cent between 2002-07, with female enrolment

declining even faster.

The Montreal massacre on Dec. 6, 1989, focused attention on women in technology as never before. The killer targeted aspiring engineers at l'École Polytechnique for achieving what he could not. The Canadian Council of Professional Engineers then released a report — More Than Just Numbers — that revealed the barriers inhibiting women from entering and excelling in engineering. It recommended a wide range of interventions to address "the chilly climate" for women and spawned "women in technology programs" by well-intentioned compa-

nies, associations, schools and universities.

Almost 20 years and millions of dollars later, we have to face the unpleasant truth: The piecemeal approach is not working. A review of more than 50 programs showed few had formal evaluations or could demonstrate significant impact.

High-tech employers can help by encouraging girls to pursue technology careers, developing recruitment and retention strategies to support women and reinforcing positive messages in their procurement and marketing strategies. They also need to ensure they

match skill requirements to the tasks, to consider alternative routes to the profession and to create a workplace climate that is inclusive.

Teachers, professors and guidance counsellors need to ensure they present the full range of options and consider female friendly pedagogy and examples.

As the 20th anniversary of the Montreal massacre approaches, there is no better time for Canada to develop an integrated and sustained strategy to weave the pieces together.

Wendy Cukier is the associate dean of the Ted Rogers School of Management at Ryerson University, and the founder of Ryerson's Diversity Institute.



Michael De Adder
metro

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The Canadian Football League says the B.C. Lions' 19-12 win over the Montreal Alouettes will stand despite the fact that mistakes were made by officials as the clock wound down Friday night. The issue revolved around the game clock. **THE CANADIAN PRESS**

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA



DARRON CUMMING/THE ASSOCIATED PRESS

Melanie Oudin yells after losing a point to Caroline Wozniacki, last night at the U.S. Open in New York. Oudin lost 6-2, 6-2.

Oudin ends 'great run' at U.S. Open

Teen can't pull off fifth upset

Melanie Oudin's magical U.S. Open is over.

Even the comeback kid couldn't overturn this deficit.

Showing signs of shakiness in her first Grand Slam quarter-final, the 17-year-old Oudin got off to a slow start against No. 9-seeded Caroline Wozniacki of Denmark and never really recovered, losing 6-2, 6-2 last night.

"This has been a great experience for me. I had a great run here," the 70th-ranked Oudin told the crowd of 23,881 during an on-court interview right after the match, an honour usually reserved for the winner. "I hope to come back next year and do even better."

It'll be hard to top her 2009 U.S. Open.

She upset four more established players — including three-time major champion Maria Sharapova and Beijing Olympic gold medalist Elena Dementieva — to become the youngest quarter-finalist at Flushing Meadows since Serena Williams in 1999.

Making the story even better: Oudin's last three victories each came after dropping the first set. But yesterday's start was quite

THE ASSOCIATED PRESS

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Iverson says he's Memphis-bound

Guard Allen Iverson, left, has tweeted that he will be heading to Memphis. The 34-year-old free agent tweeted yesterday that, "God chose Memphis as the place that I will continue my career." Grizzlies general manager Chris Wallace said in a statement yesterday afternoon that the team had agreed in principle to a contract with Iverson, and a news conference was scheduled for today at FedExForum.

THE ASSOCIATED PRESS

Balsillie, Bettman to take the stand

NHL The men at the centre of the battle for the bankrupt Phoenix Coyotes will each take the stand in court this week.

Canadian billionaire Jim Balsillie and NHL commissioner Gary Bettman are expected to spend as long as 40 minutes apiece answering questions from lawyers, according to an agenda filed in Arizona bankruptcy court yesterday.

They're scheduled to appear before the

court early tomorrow — the second of two days Judge Redfield T. Baum has set aside this week to oversee an auction for the team.

Offers from Balsillie and the NHL are the only two expected to be considered by the court.

Balsillie enters with the highest bid, as much as \$242.5 million US, contingent on being able to move the Coyotes to Hamilton.

He upped his offer over the weekend by extending the city



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Sports in brief

SOCCER European champion Spain and rejuvenated England booked their World Cup places with two games to spare yesterday by both maintaining their perfect records in qualifying.

NHL The Dallas Stars are pegging some of their ticket prices to the whims of the marketplace. The team said yesterday it will be the first NHL franchise to offer a flexible pricing plan that goes beyond the notion of charging more for games against better opponents. As with air fares, buying tickets early can help, and it will matter where the teams are in the standings.

HOCKEY The International Ice Hockey Federation has ruled that Detroit Red Wings forward Jiri Hudler can sign with Dynamo Moscow of Russia's Continental Hockey League. Hudler was awarded a \$10-million, two-year contract from Dynamo Moscow in July. USA Hockey filed an appeal, saying Hudler was still under contract with the Red Wings.

BASEBALL Derek Jeter tied the

New York Yankees record for hits held by Lou Gehrig. Jeter singled to right field in the seventh inning for his third hit last night against Tampa Bay, matching Gehrig with 2,721 hits in a Yankees uniform. Gehrig's final hit came on April 29, 1939, a single against the Washington Senators.

TENNIS Stadium security was bulked up for last night's matches at the U.S. Open, a day after a man was arrested for running onto the court to kiss Rafael Nadal. Prosecutors said Noah U. Aorta of New York City dashed out of the stands at Arthur Ashe Stadium after Nadal's fourth-round win, then hugged and kissed the Spanish star as he was changing shirts on the sideline.

SOCCER The Montreal Impact is staying quiet about a report that English star David Beckham is interested in owning a piece of a future MLS franchise in Montreal. A club spokesman called the report "rumours" yesterday and said "we are not commenting on that." **METRO NEWS SERVICES**

Ice Edge statement

• The Ice Edge partnership says it decided to withdraw its bid because after being unable to reach a new lease agreement with Glendale — the same reason given by a group headed by Chicago sports mogul Jerry Reinsdorf when it pulled out last week. The Ice Edge group wanted

of Glendale the opportunity to take \$50 million in exchange for a release from the team's 30-year lease at Jobing.com Arena.

The NHL has offered \$140 million and intends to keep the Coyotes in the desert for now.

Ice Edge Holdings, comprised of a group of Canadian and American businessmen, confirmed yesterday that it would not take part in this week's auction, hinting that it may try to buy the team at a later date. It had put together a bid for \$150 million.

The agenda outlines two full days of activity before the court.

Today, the judge will confirm the details of both the Balsillie and NHL bids and

to play five games in Saskatoon.

"We continue to strongly believe in the potential of the Phoenix Coyotes for the long term in Glendale," Ice Edge said, "and therefore we will be examining our options after the conclusion of the bankruptcy auction process."

determine whether there are any other offers to be considered. Most of the remaining time has been put aside to discuss the issues surrounding relocation.

The real intrigue should come tomorrow, when Balsillie and Bettman each take a turn on the stand. The agenda says each man will spend 30 minutes being cross-examined on "good faith purchaser issues" before being allotted 10 minutes for redirect questioning.

The two most notable players in this case have rarely been present for court proceedings since former Coyotes majority owner Jerry Moyes placed the team in Chapter 11 bankruptcy four months ago.

THE CANADIAN PRESS

Bengals star promises surprise on Sunday

NFL Chad Ochocinco is working on a tweet surprise for the NFL.

He promised something new for the Cincinnati Bengals opener Sunday against the Denver Broncos at Paul Brown Stadium. What exactly? He wouldn't say. But it's likely to get a review from the NFL, which has banned players' use of social networks during games.

Ochocinco thinks he's found a way around it.

"The Twitter world, they don't need a signal," he said yesterday.

"They'll know. It's the quiet before the storm. Just

watch."

Leave it to the receiver to try an end around.

The league said that no player or anyone representing him can provide in-game updates on the player's personal Twitter, Facebook or other networking accounts.

Ochocinco, who is one of the most prolific tweeters among NFL players, thinks he's found a way around it.

"I've been really, really quiet, and there's a storm coming Sunday," he said.

"That's one of the things that I do when I'm back: I have something. I keep you on the edge of your seat."

THE ASSOCIATED PRESS



Chad Ochocinco

Former Herd goalie finds new team

Former Halifax Mooseheads goaltender Pier-Olivier Pelletier has signed with the East Coast Hockey League's Bakersfield Condors. Pelletier suited up for the Mooseheads in 2007-08. METRO HALIFAX

Seeking to balance attack

Huskies look to step up passing game, while remaining 'run-first'

MATTHEW WUEST
matthew.wuest@metronews.ca

Life should get significantly more interesting for the Saint Mary's Huskies' receiving corps this season.

The Huskies, who all but abandoned their passing game last fall while leading the country in rushing by an astounding margin, are aiming for a more balanced attack this season with Jack Creighton calling the shots from start to finish.

Four different starting quarterbacks — including run-first Nathan Marsman as the primary option — led to instability last season and ultimately produced the country's second-worst passing attack that barely averaged 140 yards per game.

"We didn't know what was going on with the quarterback situation," said top returning receiver Carl Hardwick. "With Jack coming in from the start, he's not a running quarterback, he's a pocket passer. That helps us as receivers."

Hardwick said it has been "night and day" since Creighton took over. The Huskies averaged 211 yards in passing in Creighton's final three games and the expectation is there are better days ahead. Creighton not only has big-game experience now, he has also improved his conditioning and arm strength.

Hardwick, a two-time Atlantic University Sport all-star, is going to be a key to the aerial attack, as is multi-purpose slot-back Jahmek Murray, last year's



The Saint Mary's Huskies football team practices at Huskies Stadium at training camp last week.

Showdown with Dinos looming?

- The Saint Mary's Huskies could be on a collision course to clash with the Calgary Dinos at Huskies Stadium.

The Huskies are an early favourite to win the Atlantic University Sport football crown and the right to host the Uteck Bowl in November

against the Canada West champions.

The Dinos — coached by Blake Nill and quarterbacked by Erik Glavic, both legendary Huskies — played in the Vanier Cup last year and are among the Canada West favourites.

"If that happens, it happens ... We'll do what we can to build up toward that," said Huskies kicker Justin Palardy. "It would be fun to see Blake and Glavic again. Fans would love seeing Glavic come back, just (for) the chirps and stuff."

AUS rookie of the year.

Fifth-year veteran Joe Doherty and returnee Aaron Racioppa are among the others who will be factors.

But the receiving corps has no illusions of grandeur. The backfield averaged nearly 280 yards per game last season — almost 70 yards more than any other team in the nation —

and has received a boost from highly-touted rookie Tristan Jones.

"We know that in order to win, we have to get those guys the ball," Hardwick said. "We're still a run-first team."

It will all be put to the test when they open the AUS season on the road Saturday at 2 p.m. against the

St. Francis Xavier X-Men. The Huskies are gunning for their fifth trip to the Vanier Cup in nine years and their first since 2007.

"We're looking good," Hardwick said. "I don't want to put expectations too high, but this team reminds me of 2007. Team unity, everything like that ... it's looking great."

Lower Sackville native has chance to shine with Rocket

MATTHEW WUEST
matthew.wuest@metronews.ca

Ben Duffy's star could shine brightly this season with one of the QMJHL's most potent offensive attacks.

The 17-year-old Lower Sackville native will line up on one of the P.E.I. Rocket's top two lines with the likes of Benjamin Casavant, Joel Champagne, Samson Mahbod and Chris Doyle as he looks to impress scouts in his NHL draft season.

Duffy, one of 33 Nova Scotians on opening-day QMJHL rosters, had 18 goals among 41 points in 62 games last season and was nominated for the league's rookie-of-the-year



Ben Duffy will be on one of P.E.I.'s top two lines this season.

award.

"Those six guys have the potential to be the best two lines we've had," said Rocket president Serge Savard Jr.

"When one line is off, the other can pick up the slack. With a 1-2 punch like that, you never know who's go-

Other locals in the QMJHL

- F Andrew Roski, Halifax (Moncton); D Michael Roski, Halifax (Quebec); F Brandon MacLean, Bedford (P.E.I.); D Christian Morin, Dartmouth (Val-d'Or); D Matthew Fortune, Halifax (Gatineau); F Bradley MacDonald, Halifax (Victoriaville); Tyler Noseworthy, Dartmouth (Victoriaville).

ing to do the damage."

Savard said Duffy will be a "top prospect" for the NHL draft.

Other locals expected to make an impact as the 41st QMJHL season gets underway tonight include Lower Sackville's Alex Beaton of the Lewiston Maineiacs.

Beaton, a former Dartmouth Subways star, is a 19-year-old who produced 14 goals among 47 points in 66 games last season.

Forward Steven Anthony

of Halifax will be a go-to player for the Saint John Sea Dogs and goaltender Peter Delmas of Bedford is expected to have a big season with the powerful Quebec Remparts after coming over in a trade from Lewiston.

Forwards Matthew Stoddard of Porters Lake and Gerrard Grant of Halifax are also expected to play important roles on their hometown Mooseheads this season.

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10 sports

NFL ticket prices climbed 3.9 per cent to an average of \$74.99 US for the 2009 season. According to Team Marketing Report's survey released yesterday, 21 teams either kept prices the same or lowered them. The average ticket to a Dallas Cowboys game costs \$159.65, a record for the Fan Cost Index survey, which dates to 1991. **THE ASSOCIATED PRESS**

NFL Preview

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

North wind blowing

Canadian participation on the rise in the National Football League

PERRY LEFKO
for Metro Canada

The National Football League may be an American entity, but it has a growing Canadian element to it.

Whether it's Canadian-born players or players who have graduated from the Canadian Football League, there are elements of the NFL that are of particular interest to football fans north of the border.

Osiomogho (O.J.) Atogwe, a Windsor, Ont., native, was drafted in the third round of the 2005 NFL Draft and has blossomed into one of the premier safeties in the league. He's what's known as a ball hawk because of his proficiency in intercepting passes. He has 17 picks in four seasons, including eight in 2007, which led the National Football Conference.

In February, the Rams signed Atogwe to a one-year

deal worth \$6.342 million (all figures US). Suffice to say, he stands to reap even more rewards if he continues playing at this level.

In Chicago, defensive lineman Israel Idonije heads into his sixth season with the team. The native of Lagos, Nigeria, who grew up in Manitoba and graduated from the University of Manitoba, has become a regular starter in the last two years.

Last year Idonije had his most productive season in terms of sacks with 3½. In May, the Bears extended his contract through to the 2011 season and gave him a \$2-million signing bonus. He is slated to receive \$2.5 million in each of the

next two seasons. Idonije, one of the few players in NFL to graduate from the Canadian university ranks, has reached these heights despite the fact he didn't start playing organized football until university.

Another player from the Canadian post-secondary ranks is Dan Federkeil, who graduated from the University of Calgary as a tight end and signed as a free agent with the Indianapolis Colts in 2006 and converted into an offensive lineman.

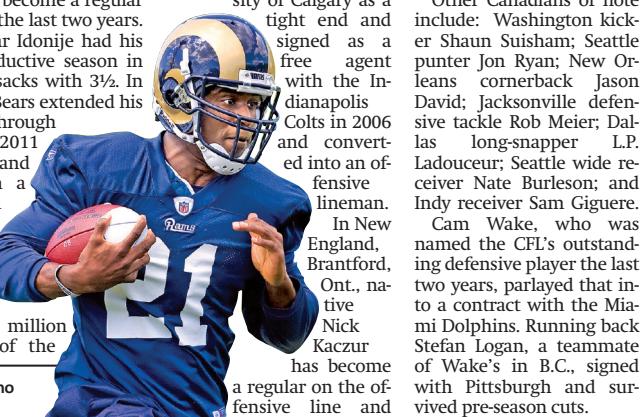
In New England, Brantford, Ont., native Nick Kaczur has become a regular on the offensive line and

now enters his fifth season.

Much attention from a Canadian perspective will be on defensive lineman Vaughn Martin, who played only two years at the University of Western Ontario, but impressed the San Diego Chargers enough to draft him in the fourth round and give him a multi-year contract.

Other Canadians of note include: Washington kicker Shaun Suisham; Seattle punter Jon Ryan; New Orleans cornerback Jason David; Jacksonville defensive tackle Rob Meier; Dallas long-snapper L.P. Ladouceur; Seattle wide receiver Nate Burleson; and Indy receiver Sam Giguere.

Cam Wake, who was named the CFL's outstanding defensive player the last two years, parlayed that into a contract with the Miami Dolphins. Running back Stefan Logan, a teammate of Wake's in B.C., signed with Pittsburgh and survived pre-season cuts.



Osiomogho Atogwe

Bills

BUFFALO Receiver Terrell Owens

doesn't have a problem with the Buffalo Bills no-huddle offence, except that it's tiring him out. Owens raised eyebrows yesterday when he said he wasn't much of a fan of the Bills' new scheme. Upon learning that his comments were being taken literally, Owens posted a note on his Twitter page insisting that he was "clearly joking." Owens added he hopes the offence can also wear down opponents by not allowing them to make defensive substitutions.

Vikings

FAVRE Brett Favre insists he won't let his durability streak hurt the Vikings. Favre will make his 20th straight start when Minnesota plays at Cleveland on Sunday. That will match what the NFL considers the longest streak in history, held by former Vikings defensive lineman Jim Marshall from 1961-79. Favre said yesterday he would sit out this season if he's not healthy enough to suit up as Minnesota's quarterback. The 39-year-old also said he "may not" be able to play in all 16 regular-season games.



THE ASSOCIATED PRESS

Healthy Brady key for New England

NEW ENGLAND Tom Brady's knee seems fine. So does his shoulder.

His excitement level? Just about the same as it was heading into last year's opener before a left knee injury midway through the first quarter ended his season.

"Personally, I'm excited like all the guys are excited," the New England Patriots quarterback said yesterday. "I've played a lot of games, so it's not like it's the first game of my rookie season, that type of excitement. I think there's just an excitement for a new season and to see what kind of team we have."

He's also played in three exhibition games, time enough to get rid of "those first-game jitters" and become comfortable wearing a knee brace, he said.

On Monday night, he'll lead his team in its first meaningful game in more than a year against the Buffalo Bills.

"It's always exciting to start on a Monday night against a division rival and a team we have a lot of re-



After missing all but one quarter of last season with a knee injury, New England quarterback Tom Brady, centre, is healthy and excited to lead the Patriots again.

spect for," he said.

"Tom's knee must be fine," guard Logan Mankins said. "He made it through all pre-season."

A healthy Brady may be even more important now than a year ago.

That's when Matt Cassel was starting his fourth year as Brady's backup and knew the offensive system well despite rarely playing. When Cassel was forced into action, he led the Patri-

ots to an 11-5 record last year that helped him get a six-year, \$63-million US contract after he was traded to Kansas City.

Now the only backup on the active roster is Brian Hoyer, a rookie free agent from Michigan State.

"I don't think about that at all," Brady said.

Coach Bill Belichick is focusing primarily on one thing: The next game.

THE ASSOCIATED PRESS

Super Bowl XLIV

The 44th edition of the Super Bowl will be held at Miami's Dolphins Stadium on Feb. 7, 2010. It will be the fifth time the stadium has played host to the NFL's championship game.

METRO NEWS SERVICES

Steelers have a score to settle in season opener

NFL PICKS With a record sixth Lombardi Trophy in their possession, the Steelers carry the biggest of targets on their black-and-gold jerseys this season. Yet it's Mike Tomlin's champions — and all of Pittsburgh, for that matter — looking to settle a score in the NFL season's opener tonight.

Into Heinz Field come the Terrible Towel stompers themselves, the Tennessee Titans. After the Titans whipped the Steelers 31-14 in Nashville in the penultimate game last season, linebacker Keith Bullock dropped a towel, then swiped his foot across it. Running back LenDale White stomped on a towel, and defensive end Jevon Kearse used one as he pretended to blow his nose.

The Steelers, who are 5½-point favourites in the now traditional opener hosted by the Super Bowl winners, didn't lose again after that game. And they haven't forgotten the Titans' terrible behaviour toward their towels.

But Pittsburgh's top-ranked defence will concern itself with what White, Chris Johnson and rookie Javon Ringer try to do on the ground. Tennessee is no slouch on D, either, even with All-Pro tackle Albert Haynesworth now in Washington. With both sides likely to be stingy, this could come down to one key play by an offensive standout. We'll bet that's Hines Ward.

STEELERS, 16-10

Buffalo (plus 10) at New England (Monday night)

BEST BET: Hello T.O. from Buffalo. No matter how much you do in your Bills debut, Tom Brady, Randy Moss, Wes Welker and Patriots will do more.

PATRIOTS, 35-13

San Francisco (plus 6½) at Arizona

UPSET SPECIAL: Niners nearly beat Cardinals in Mike Singletary's debut as interim coach last November. They win his debut as full-time coach.

49ERS 21-20

Minnesota (minus 2½) at Cleveland

Everybody loves Brett Favre-led Vikings. Doesn't seem like anyone likes Eric Mangini-led Browns.

VIKINGS, 24-10

Miami (plus 4) at Atlanta

A year ago, this was con-

sidered an early-season dud. Now, it's a matchup worthy of prime-time. AFC is superior to NFC, so ...

DOLPHINS, 24-21

Detroit (plus 12) at New Orleans

Let's see, Lions haven't won since two days before Christmas — in 2007.

SAINTS, 31-7

Kansas City (plus 8½) at Baltimore

Maybe Matt Cassel is better off not facing Ravens' fierce D.

RAVENS, 20-3

Philadelphia (plus 1) at Carolina

Two franchises that had very busy off-seasons. Brian Westbrook and DeAngelo Williams are worth admission price.

EAGLES, 24-20

Denver (plus 1) at Cincinnati

Bengals might be jealous that Broncos have stolen the dysfunctional thunder.

BENGALS, 20-3

New York Jets (plus 4) at Houston

Mark Sanchez, meet Mario Williams and DeMeo Ryans. OUCH.

TEXANS, 24-10

Jacksonville (plus 7½) at Indianapolis

With Tony Dungy retired, Colts might take some missteps. Not here.

COLTS, 27-10

Dallas (minus 3) at Tampa Bay

Cowboys tune up for big debut game of their billion-dollar stadium. Are they looking ahead? Nope.

COWBOYS 30-13

Washington (plus 6) at N.Y. Giants

Redskins might be best fourth-place team in NFL. Giants are likely first-place team.

GIANTS, 24-14

St. Louis (plus 7) at Seattle

Jim Mora takes over as Seahawks coach. He's got better roster than Steve Spagnuolo does in his Rams debut.

SEAHAWKS, 16-10

Chicago (plus 3) at Green Bay

Longest running rivalry in pro football, and both franchises have strong teams. Pack looks bit stronger right now.

PACKERS, 28-17

San Diego (minus 7) at Oakland (Monday night)

Regardless of Chargers star LB Shawne Merriman's status, Oakland is outmanned.

CHARGERS, 33-7

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Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Fun with family rooms

EMMA YARDLEY
for Metro Canada

The family room has a big job to do. It hosts movie marathons, monthly book club meetings, Guitar Hero competitions and poker nights, all while providing ample seating and a place to put all the cards, cords and cases at the end of the day.

"Storage is key. Because we spend so much time in our family rooms, a lot of our belongings end up there," says, Jennifer Wilson-Speedy, editor of yourhome.ca. "Look for clever solutions like storage ottomans, which can also double as seating and coffee tables."

While creating a comfy tidy space stuffed with warm blankets and swishy pillows is important, also keep in mind that this room should reflect who you are as a family.

"My favourite rooms always have a quirky touch to them, which makes the space feel alive and teaches you something about the family," says Speedy.



↑ The Flip sofa chaise is all about options — if you don't like the chaise where it is, simply move it to the other side of the couch. When choosing a fabric, look for one that's stain-resistant and a neutral colour. **Urban Barn**, starting at \$1334, urbanbarn.com.

Create a storage system for all the board games, TV cords and video games with these faux leather collapsible boxes. **Home Outfitters**, \$14.99 to \$24.99, homeoutfitters.com.



Add texture and warm natural colours to your couch with these corduroy linen pillow covers. **West Elm**, \$18 to \$28, westelm.com.



Consider neighbours when renovating

JON TATTRIE
for Metro Halifax

Good fences make good neighbours, but building that fence — or doing any renovation — has brought turmoil to many streets.

Michael Senz, vice-president of A&H Renovations in HRM, says the best defence is a good offence. "We go around to all the neighbours in a direct circle around the area we're working and introduce ourselves," he says. He informs people about the renovation project and what sort of disruption they can expect.

He also hands out his phone number in case a problem arises. "You have to make sure your site is kept immaculate and respect the bylaws for working times," he advises. "Don't park in their driveways or block their driveways."

Keep an eye on the work-

Go green at Fall Ideal Home Show

Fall is a busy time for renovations; add to that people taking advantage of the Home Renovation Tax Credit, and Exhibition Park should be hopping from Oct. 2-4 with Halifax's Fall Ideal Home Show.

"We are proud to once again be a part of the 'Great to be Green' section of the Ideal Home Show," said

Heather Foley Melvin, president and CEO of Conserve Nova Scotia. "Visitors to the show can talk with our energy experts and learn how to improve the energy efficiency of your home."

For more, go to masterpromotions.ca/fall-ideal-home-show.asp or call 468-4999. — JON TATTRIE

ers, too. "You've got to make sure there's no swearing on the site and make sure there are bathroom facilities available."

Ren Molnar, a renovations expert who writes for homefocus.com and is heard on his radio show *Renovations Cross Canada*, has heard countless stories of extensions on houses building long-term feuds. He agrees with Senz that broadcasting your intentions is the best way to ward off trouble. But if

you've told your neighbours what's happening and you have the right paperwork, Molnar recommends standing your ground. You have a right to do what you're doing, and ultimately, your neighbours have no say.

"Neighbours will run you ragged, if they get a chance. Don't give them the opportunity," he says. "Everybody's a construction foreman."

Roz Prince, a Dartmouth-based real estate agent with

the Sutton Group, takes a more tactful approach. It's like throwing a late-night party, she says. Warn your neighbours of the renovations and, if they're still cross when the project starts, put on your best Mr. Rogers cardigan and send them an apologetic note.

"It's about courtesy and consideration," Prince says. "There's nothing worse than aggravating a neighbour to the point where you can't gain back any kind of positive relationship."

They're going to be your neighbours long after the renovation is done, she says. It's in your own best interest to keep things cordial.

To make sure your neighbours don't have legitimate grounds for complaint, check with the city before you start. Go to halifax.ca/permitsinspections or call 490-5650. That's the same place to go to lodge a complaint against an errant neighbour.

Know thy warranty

LegalMatters

Elias Metlej

metronews.ca/legalmatters

homebuilder.

Beyond the first year, the warranties continue to provide protection against major structural defects. Warranties transfer automatically and remain with the house. New owners can contact the warranty provider to confirm the balance of available coverage.

It is crucial to note the warranties are not designed to deal with deficiencies that exist on the day a purchaser takes possession from a builder. However, in an attempt to avoid holdbacks, deductions, or credits on closing, builders will suggest that outstanding or deficient items will be covered by new construction warranties.

This was the information that was given to three different buyers I was working with this week. In each case, the warranty companies proved the builders wrong. They confirmed defects in workmanship or materials apparent on the date of possession, and accepted by the purchaser, would not be covered by the warranties.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com



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Style



EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Waist-whittling wearables

Clothes that give you the tummy tuck without the surgery

JANINE FALCON
For Metro Canada

These days we're all working harder than ever — nice to know some of our clothes can work harder too.

You can't take the place of healthy, active living, but garments with tummy-taming job descriptions can help pick up a little workout slack, and camouflage bits we'd rather keep under wraps.

We're not talking underpinnings, although a pair of Spanx (the best-known name in shapewear) is a must for smooth lines under that favourite little dress. Instead, when we don't want to wriggle into an extra layer, we can turn to clothing brands such as Mark's Work Wearhouse, Melanie Lyne, Spanner and Old Navy for waist-whittling wearables that also slim the hips and lift the derrière.

"Many women want to look 10 pounds thinner, no matter what size they are," comments freelance fashion stylist Ingrie Williams, whose work has appeared in many of Canada's top magazines and on CityTV. "Wardrobe items with tummy-control bene-

"Wardrobe items with tummy-control benefits can offer shaping without feeling like a girdle."

Ingrie Williams, freelance fashion stylist

fits can offer shaping without feeling like a girdle."

Generally constructed with variations of a built-in control panel across the inside front, and from denim with varying stretch from one to five per cent, jeans are the most popular figure-enhancing workhorse. In Williams' view, "they're a practical addition to any jean wardrobe." As well, their fit and for-comfort design make them a good try again point for women who have found past jeans experiences unsatisfactory.

If Not Your Daughter's Jeans sounds familiar, it's thanks to positive performance reviews from celebs such as Rachel Ray, Jane Seymour and Diane Sawyer. Part of the appeal is a patented denim weave that resists stretch in the

front, and a size range that includes petites and plus.

Old Navy's The Dreamer classic-rise, curvy-silhouette jean is new this season. In addition to shaping, it has a contoured waistband to help minimize waist bulge and gaping at the back. Sizes go from zero to 20 regular.

Also making its debut is the Fit to Flatter jean from Canadian company Spanner, which makes regular, petite and plus sizes. Melanie Lyne's Off the Record classic-fit jean, also Canadian, launched this past spring and fits up to size 16; a contemporary fit with a slightly lower rise and slimmer, boot-cut leg just hit stores for fall.

Mark's Work Wearhouse Curvetech collection (yes, Canadian too) now offers the widest variety of silhouette-enhancing garment styles — 40 in all — from jeans to capris to yoga-wear to dress pants, as well as a Total Control skirt. Sizing goes from two to 18 (up to 20 in denim), with 30, 32 and 34 inseams in some styles.



Mark's Work Wearhouse Curvetech Janet Skirt (\$49.99). marks.com

Below: Old Navy Dreamer jean (\$39.50)



Melanie Lyne Off The Record jeans (\$95). melanie lyne.com

Victoria's Secret coming to Canada

NEW STORE Bra-specific road trips may soon become a thing of the past. In what is perhaps the most highly anticipated American invasion since Obama's trip to Parliament Hill, Victoria's Secret stores are finally expanding into Canada.

Limited Brands Inc., the parent company of Victoria's Secret's, already dipped a toe into our lingerie market with their acquisition of Canadian chain La Senza in 2007.

"We have a tremendous footprint with La Senza operating more than 300 stores in Canada," Brooke Stull of Limited Brands told Metro in an email.

Victoria's Secret PINK is phase one of the brand's Canadian infiltration, beginning next month. PINK and its merchandise focuses on collegiate loungewear and athleisure, ultimately targeting a more youthful market than its seductive older sister. Traditional Victoria's Secret stores are scheduled to arrive in Canada in the spring of 2010.

SOFI PAPAMARCO/
FOR METRO CANADA

GlobalStyle



Kenya Hunt

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In an extensive stunt gone wrong, Rose McGowan brought the Red Sonja set to a standstill. The actress was taken to hospital where she underwent wrist and elbow surgery. "They took part of my elbow out. I had really bad nerve damage from doing stunts." McGowan recently told Fox News. [POPEATER.COM](#)

Surgery for McGowan

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Pam's new man

Pamela Anderson is reportedly dating Jamie Padgett, an electrician she met at a trailer park where the former wife of Kid Rock was staying while work was being done on her house. [PEOPLE.COM](#)



••••• A CLASSIC; •••• EXCELLENT; ••• GOOD; •• FAIR; • POOR

Jay-Z drafts catchy Blueprint

Jay-Z

Album: The Blueprint 3

Label: Warner

Rating: ••••

ON JAY-Z'S 11TH album he lambastes his hip-hop cohorts for using the annoying vocal effect auto-tune. But the music mogul didn't have to do that — just listen to his new disc and you'll know he'll never need auto-tune to sound good. More than a decade after he released Reasonable Doubt, Jay-Z is still a brilliant artist who



Music Reviews

music@metronews.ca

can out rap just about anyone. The Blueprint 3 is catchy, thoughtful and has a bevy of guest stars, including Alicia Keys whose soaring vocals on Empire State of Mind are as stunning as Jigga's best raps.

Bryan Borzykowski/for Metro Canada

Two Hours Traffic

Album: Territory

Label: Bumstead/Universal

Rating: •••

AFTER 2007'S FANTASTIC

rocker Little Jabs, the pressure was on for



The Blueprint 3, the 11th album from hip-hop superstar Jay-Z.

Two Hours Traffic to push themselves even harder. Unfortunately, their latest record — again produced by Joel Plaskett — falls flat. Territory is darker, and mu-

sically many of the songs are more complex, but the tunes are also much quieter and laid-back. It was the band's visceral energy and Sloan-like feel that gar-

nered them a Polaris Music Prize nomination last year, and without that the passion and intensity doesn't come through as well.

Bryan Borzykowski/for Metro Canada

Amy Milan

Album: Masters of the Burial

Label: Arts and Crafts

Rating: •••

THE DECISION

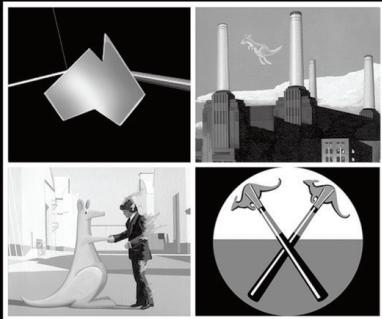
BY to record Sarah Harmer's Old Perfume was done out of deep respect, but it wasn't a wise one. Ditto with Jenny Whiteley's Baby I. These happen to be the two best crafted songs on Millan's second solo album. That's probably not a good thing, if you're trying to establish yourself as a singer-songwriter. Both have their locks on the category, which leaves Millan coming off like a passing visitor.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music at [metronews.ca/music](#)

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Lohan joins French design house

Lindsay Lohan is joining Emanuel Ungaro as an "artistic adviser," according to Women's Wear Daily. The French design house counts stars like Eva Longoria Parker and Rachel McAdams among its current clientele. **METRO NEWS SERVICES**



Breaking Up is hard to do

Actress Scarlett Johansson and musician Pete Yorn pair up to craft infectious pop

BRYAN BORZYKOWSKI
for Metro Canada



Every night, countless men dream about Scarlett Johansson, but only one guy can say his fantasy came true.

In 2006 singer-songwriter Pete Yorn dreamt that he and the burgeoning blond movie star recorded a duets album together. When he woke up, he did what any well-connected musician would do — he called Johansson and told her he wanted to work with her.

"I've known Pete for several years," says Johansson on the phone from New York. "It was a welcome surprise to be asked to do the album."

Yorn didn't just want Johansson to sing on the album, though, he wanted her to channel another silver screen siren, Brigitte Bardot. He would play the part of Serge Gainsbourg, a legendary Parisian singer,

and together the two would create a version of the 1968 duet disc, Bonnie and Clyde.

"When I thought of Brigitte, my mind just went to Scarlett," says Yorn. "Whether I knew her or not my mind would have gone to her. I felt her presence. Whether she was a professional singer or not was irrelevant."

At the time Yorn and Johansson made the disc, the actress had yet to record Anywhere I Lay My Head, her album of Tom Waits covers that came out last year. So when she went into the studio with Yorn, her singing credits were few and far between.

"When I was a kid I took a lot of vocal lessons," she reveals. "And I had recorded a couple things here and there, so I was familiar with the recording process I guess. But I wasn't nervous because there was nothing to lose."

It took three years, but her recording sessions have finally seen the light of day.



Scarlett Johansson and Pete Yorn collaborated on the new album *Break Up*.

The disc, *Break Up*, delves into the complex feelings and heartache that comes with a failed relationship. While it's no Bonnie and Clyde, and Johansson's vocals sound a bit flat, it's still an infectious pop record. If

anything, this album will do wonders for Yorn, who's written some of the strongest songs of his career.

There's no doubt these tunes are as good as anything on store shelves, so

why did it take so long to release?

"When we made it we just did it ourselves, for fun," Yorn explains. "We never really had a plan for it. And Scarlett was working on her projects and I

"It captured a place and time where we were both experimenting ... when I heard it fully mastered I was really excited about it. And now it has its own little life."

Scarlett Johansson

was doing my stuff and we let the time go."

Eventually they decided to play some of the songs for friends, and they were encouraged by the warm reception.

But despite the wait, Johansson's says she can still feels the tunes.

"I'm very sentimental about it," she admits. "It captured a place and time where we were both experimenting. I was really proud of it then, but when I heard it fully mastered I was really excited about it. And now it has its own little life."

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/10/09				31 31 31 ABC News Center 5	ABC Wild News	H1N1: Facts	Chronicle	Grey's Anatomy	Grey's Anatomy	Practice		
	7	7	ASN	The Road to Avonlea	Degrassi: TNG	TMZ (N)	Grey's Anatomy	Fringe (HDTV PA)	Fringe (HDTV PA)	Practice		
	11	11	11	Wheel-Fortune	Jeopardy!	Battle for a Continent (N)	Rise Up - Canadian Pop Music	CBC News: The National	The Hour			
	2	2	2	CBC-F Pyramide (SC)	Union-force	Virginie (SC)	Tapis rouge	En direct du Studio 42	3600 secondes d'extase (SC)	Le Téléjournal		
	32	32	32	CBS WBB News (N)	Evening News	The Insider (N)	Entertainment	Big Brother 11 Eviction.	CSI: Crime Scene Invstgn.	The Mentalist		
	69	69	69	CFTM TVA 18 heures	Sacré-salé	La Fière de la danse (SC)	A communiquer	Mario Jean à son meilleur (N)	TVA 22 heures			
	6	6	6	CINCH Entertainment	ET Canada	90210 (N)	Big Brother 11 Eviction.	90210 (HDTV)	News Final (N)			
	9	9	9	CJCH etalk	Hollywood	The Mentalist (HDTV)	The Vampire Diaries (N)	CSI: Crime Scene Invstgn.	CTV News			
	10	10	10	ELTV (6) EastLink Television				Podium TV	EastLink Television			
	36	36	36	FOX Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA)	Fringe (HDTV PA)	Fox First		
	12	12	12	NBC News (N)	NBC News	Hollywood	Extra (N)	NFL Kickoff	NFL Football Tennessee Titans at Pittsburgh Steelers.			
	29	29	29	NW World News	Business	CBC News	Marketplace	CBC News: Tonight (N)	CBC News: The National	Nature-Things		
	4	4	4	PBS-B NewsHour With Jim Lehrer	Greater Boston	Basic Black	Worldfocus	Great Performances (HDTV) (N)	Billy Crystal: Mark Twain			
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	Business Rpt.	This-House	Ask This Old	Michigan	MI-5		
	68	68	68	TQS Guerre clans	Le Mur (SC)	Taxi payant	Rire et dérire	Fringe "Pilot" (SC)	Bob Grattan	South Park	Le Mur (SC)	
	23	96	96	BNN Business News	Headline	Market Call	Commodities	GetConnected	Business News	Taking Stock	Market Call	
	18	18	18	CNN Situation Room-Wolf Blitzer	Lou Dobbs Tonight			Campbell Brown (N)	Larry King Live	Cooper 360		
	54	54	54	GOLF Golf Central	PGA Tour Golf: Nationwide Tour - Utah Championship				PGA Tour Golf BMW Championship - First Round.			
	52	52	52	RSE Connected W-Prime Time	MLB Baseball	Florida Marlins at New York Mets. (HDTV) From City Field in Flushing, N.Y. (Live)				Sportsnet Con.		
	55	55	55	SCOR (6) Morency	Covers Experts	Score on NFL	College Football	Clemson at Georgia Tech. (Live)				
	45	45	45	SPD Unique Whips	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)	Jacket!	Jacket!	Wrecked (N)		
	53	53	53	TSN Off the Record	SportsCentre	WEBC WreckCage (N)	NFL Kickoff	NFL Football Tennessee Titans at Pittsburgh Steelers.				
	43	43	43	FAB Foxy 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	44	44	44	TOON Jimmy Two	Johnny Test	Stoked	Total Drama	Majority Rules	6TEEN (N)	Futurama	King of the Hill	Futurama: Ben
	26	26	26	TRUEB 3TRE	Wonder Pets	3rd and Bird	Backyardigans Nght Grid	Waybuloo	Franklin	Little Bear	Maggie-Beast	Babar
	27	27	27	YT iCarly	iCarly	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	16	16	16	A&E CSI: Miami "Breathless"	Criminal Minds (HDTV)		The First 48 (HDTV)	The First 48 (HDTV)	The First 48 "Blackout"	The First 48		
	70	70	70	APTN APTN National News (N)	Wapos Bay	By the Rapids	Rez Rides	Moose TV	Bill & Ted's Excellent Adventure *** (1989)			
	50	50	50	BET 106 & Park: BET's Top 10 Live (Live)			Nora's Hair Salon (2004, Comedy)	Jenifer Lewis.	The Game			
	37	37	37	BRVO Wind at My Back	Storytellers	Camera	Hamlet Development.		Where the Truth Lies ** (2005, Drama)			
	25	25	25	CMT Darius Rucker	Karaoke Star "Winnipeg" (N)		Home Improve.	Reba	Reba	Hope & Faith		
	49	49	49	CMT Just for Laughs	Air Force	22 Minutes	Corner Gas	Name is Earl	The Simpsons	South Park	Comedy Now	
	153	153	153	COURT Truth, Duty, Honour	World's Wildest Police Videos		Cops Uncut	Dumb Criminal	Navy SEALs: Untold Stories		Police Videos	
	38	38	38	DISC How It's Made	How It's Made	Daily Planet (N)	9/11: Science and Conspiracy (N)				MythBusters	
	34	48	48	HGTV Holmes on Homes	House Hunters	Property Virgin	Handyman Superstar	Disaster DIY	Big Amazing	House Hunters		
	46	46	46	HIST Underworld Histories	Ice Road Truckers	Ancient Discoveries	Ancient Discoveries	Underworld Histories		After People		
	17	17	17	MNM America's Best Dance Crew	One Tree Hill		So You Think You Can Dance Canada Top 18.			Dance		
	19	19	19	MMMM mmtop10c.com	The Daily Fix		Ranked!	Wild 'n Out	Wild 'n Out	Concert		
	201	201	201	M1 Darfur Now	Courage (2008, Suspense) Jason Priestley, Andrea Roth.		Nurse Jackie	Cadillac Records *** (2008, Drama)				
	48	23	23	OLN Mantracker	Ghost Hunters	Dog the Bounty Hunter	Survivorman					
	51	51	51	PEACH Seinfeld	Friends	Family Guy	Friends	Friends				
	206	206	206	PIX (6:15) The End of Violence (1997)		The Badlanders *** (1958, Western)		The Mummy Returns (2001, Adventure)				
	67	67	67	RDI RDI monde	RDI écono	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	RDI économie			
	39	39	39	SHOW Trailer Park	The Outer Limits		Da Vinci's City Hall	The Best Years (DVS)	Bones			
	40	40	40	SILICE Skin Deep	Rich Poor	Rich Poor	X-Weighted "Gala"					
	47	47	47	SPACE Stargate SG-1 (DVS)	Comic Con	Fan Expo	Star Trek: Voyager					
	14	14	14	CJCH CSI: Crime Scene Invstgn.	CSI: Crime Scene Invstgn.		CSI: Crime Scene Invstgn.	The Scorpion King ** (2002, Adventure)				
	57	98	98	STAR etalk	Hollywood	The Le DeGeneres Show (N)	TMZ (N) etalk	Relative Madness	Tonight Show			
	21	21	21	TLC What Not to Wear	LA Ink (HDTV)		Police Women of Broward	Police Women of Broward	LA Ink			
	20	20	20	TV5 Que-champion	Journal de Fr2	Comme chez Hep! Taxi	Club social	Envoyé spécial				
	28	28	28	V 9B "Nomination"	Murder, She Wrote		Wait for God 'Allo, 'Allo!	The Fabulous Baker Boys *** (1989)				
	60	97	97	VIVA Da Vinci's Inquest	Judging Amy		Missing a Bus disappears.	The Closer "Aftertaste"	Da Vinci Inquest			
	22	22	22	W House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Confidential	Divine Design	
	251	251	251	WGN Be-Millionaire	Evening News	Two/Half Men	Family Guy	The Vampire Diaries (N)	Supernatural (N)	WGN News		

critics' corner

Rise Up - Canadian Pop Music in the 1980s

Video may not have killed the radio star, but it definitely changed music. This two-part documentary continues the story begun in "This Beat Goes On," chronicling the growth of Canadian music at the rise of the digital age, as CDs replaced cassettes, music videos exploded on television, and bands had to start paying attention to their look as much as their sound. The soundtrack includes Men Without Hats' "The Safety Dance" and Bryan Adams' "Summer of '69." 9 PM on CBC



The Vampire Diaries

Kevin Williamson ("Dawson's Creek") is behind this adaptation of L.J. Smith's popular book series about a pair of vampire brothers, one good (Paul Wesley), one evil (Ian Somerhalder, "Lost"), as they battle for the soul of a beautiful teenage girl (Nina Dobrev) who recently lost both her parents in a car accident. 9 PM on CJCH, WGN

Cadillac Records

Despite the title, it's actually the history of Chicago's Chess Records label that's traced in this by-the-numbers drama that boasts some terrific musical performances — the clear standout being Beyoncé Knowles as she delivers the Etta James tune she also serenaded the new president and first lady with, "At Last." 10 PM on M1

Urban Foodie

INSPIRED; VERY GOOD; PALATABLE; HO-HUM; NEVER AGAIN

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STEPHEN PATRICK CLARE  HalifaxUrbanFoodie@gmail.com

Hello and welcome to The Urban Foodie. Each week we will review local culinary culture in and around the Halifax Regional Municipality. If you have any questions, comments or feedback, feel free to touch base with me at halifaxurbanfoodie@gmail.com

The Carleton
1685 Argyle St., Halifax
902.422.6335
thecarleton.ca

Rating: 

Former Much Music VJs Mike Campbell and Mike Rhodes did well to take over the historic location on the corner of Argyle and Prince.

The 250-year-old setting is spacious and yet intimate — ideal for dinner conversation or enjoying live sounds from the corner stage later in the evening — and the decor has been tactfully made over with musical mementos from the pair's past.

Starting small, both the soft brie with baguette and the slight frites and aioli

On the web

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tempered in a garlic mayo dip pleased the palate without overfilling the gullet.

The roasted Peppercorn and Whiskey Tenderloin (medium) was perfectly prepared, accompanied by mashed potato and fresh vegetables.

My dining partner savoured the Linguine Primavera, seasoned with local greens and balsamic oil.

Portions were simple and satisfying, and the presentation more than easy on the eyes.

The Bittersweet Chocolate Marquis was a scrumptious and sinful finale, rich and smooth. The bland post-meal coffee, however, seemed terribly out of place.

Service by Marcus was excellent — he was well informed and gracious (there is nothing worse than an over-doting waiter, true?) and the extensive wine list and fully stocked bar make for a good choice of happy-hour stops.



Linguine Primavera



Roasted Peppercorn and Whiskey Tenderloin



Bittersweet Chocolate Marquis

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- Visit metronews.ca/globalpeasant for a recipe for raw Leek and Potato Soup — the leeks are fresh from the garden.




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Dining out

WINE FESTIVAL

Wine lovers rejoice! The Nova Scotia Wine Festival is underway right across the province from now until Oct. 30. This is your opportunity to discover the passion and artistry of the grape with a host of tastings, dinner packages and walking tours of vineyards from Baddeck to Yarmouth. The highlight of the festivities is the Annual Port of Wines Event which takes place at the Cunard Centre in Halifax from October 1-3. Come and schmooze Nova Scotia's

finest chefs and sommeliers! wines.ns.ca

SUSHI DELIGHTS

Fujiyama is the latest in a line of Japanese-styled eateries to offer sushi and habachi in the Halifax area. The restaurant has just opened its doors at 5244 Blowers St., previous home to La Cave, Stonehaven, Stonewall and, most recently, La Cueva. Here's hoping the new proprietors have better luck. No word yet on whether or not cheesecake will be on the menu.

In brief

ASIAN CUISINE If you are stuck working in the Burnside area, be sure to drop by the Wok Box for lunch; healthy, delicious and affordable Asian cuisine for eating in or take out — a long overdue concept in HRM.

NEW EATERIES There are a multitude of new eateries on Argyle Street, including Durty Nellys which boasts authentic

Irish cuisine along with original decor from the Emerald Isle.

EVENT Atlantic Canada's Expo for the Hospitality Industry takes place on Tuesday and Wednesday at the World Trade Show and Convention Centre in downtown Halifax. The tote bag alone is likely worth the price of admission.

It's a boy for Nicole and Joel

Nicole Richie and Joel Madden are the proud parents of their second child, a baby boy. Sparrow James Midnight Madden, weighing 7 lbs 14 oz., was born in "the very early hours" Wednesday, and joins older sister Harlow. **METRO NEWS SERVICES**

**entertainment 17****Celebrity Buzz****We support Melanie: Hubby Antonio**

FAMILY FIRST Melanie Griffith's recent admission to a rehab clinic isn't something husband Antonio Banderas is going to sweep under the rug. **people.com** reports.

"Melanie has been addicted for many years and we always came out. We said it out loud. It was OK, we were never embarrassed of the situation but what happened she was

clean and sober for six years," Banderas, 49, told **The Ellen DeGeneres Show**.

That six years of clean living was endangered after Griffith, 52, had a skiing accident in Aspen, Colo., a year and a half ago. Three operations in her

knee required the use of narcotics — and forced her to face with her demons again.

"In March, she came to me and said, 'I'm feeling a little bit weak in my determination for this ... so I just thought to go to rehabilitation by myself,'" Banderas said. "So the whole entire family is support-



ing her, and I am supporting her, and at this particular time more than ever. I'm very proud of her."

Banderas also has advice for families of those facing addiction: "Don't get embarrassed, just confront this problem head-on ... There is a beautiful gift at the end of this tunnel, and it is the person that you love back."

METRO NEWS SERVICES

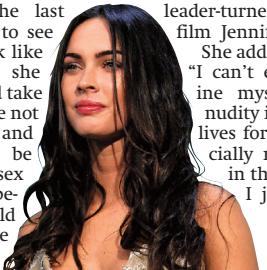
Megan's prudish side

A GOOD-GIRL? Megan Fox has vowed never to make a sex tape. **femalefirst.co.uk** reports.

The actress is convinced if she saw herself having sex and "looking like a hippo" it'd put her off making love for the rest of her life.

"That's the last thing I want to see — what I look like having sex," she said. "It would take one shot of me not looking good and I would not be able to have sex ever again, because I would always just see myself look-

METRO NEWS SERVICES

**Team Hudson-Rodriguez?**

THAT WAS FAST Kate Hudson has become a regular fixture at Alex Rodriguez's Yankees games in New York, but this week it was her finger that had a new fixture.

A source spotted a sparkling diamond ring on Hudson's hand at a home game as

she tapped away on her BlackBerry, leading some to speculate a wedding announcement is coming up to bat, according to the **New York Daily News**.

Hudson's rep had no comment.

METRO WORLD NEWS



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No way NFLer hit Tila, ex says

CHEERLEADER As the investigation continues into reality TV star Tila Tequila's allegations that boyfriend Shawne Merriman assaulted and choked her, the NFL star's ex-girl-

friend Gloria Velez comes to his defence. She tells **TMZ** Merriman "never laid a hand on me," adding that it would be "out of his character" to hit a woman.

METRO WORLD NEWS

**Janet plans own MJ tribute**

COPING Janet Jackson is finally planning a public tribute to her late brother Michael Jackson. The singer is reportedly putting together an act to honour him for this weekend's **MTV Video Music Awards**, according to **MSNBC**.

Jackson also told **Harper's Bazaar** in a new interview

that since her brother's death, she's been unable to watch television.

"It will drive you crazy," **usmagazine.com** quotes her as saying. "People can have rhinoceros skin, but there's a point when something's going to hurt you. Not everyone is stone, stone. I haven't watched the news in weeks."

METRO NEWS SERVICES

**Rihanna's dad disapproves of pics**

PROTECTIVE PARENT Rihanna's recent steamy photo spread in **Italian Vogue**, including one topless picture, has the attention of her dad, Ronald Fenty.

"The photo was disturbing," he told **Us Weekly**.

He also wasn't a big fan of Chris Brown's interview on **Larry King Live**.

But at least Fenty has a sense of humour about it. "The costume he wore was so funny ... That bow tie thing. He needs to bury that."

METRO WORLD NEWS



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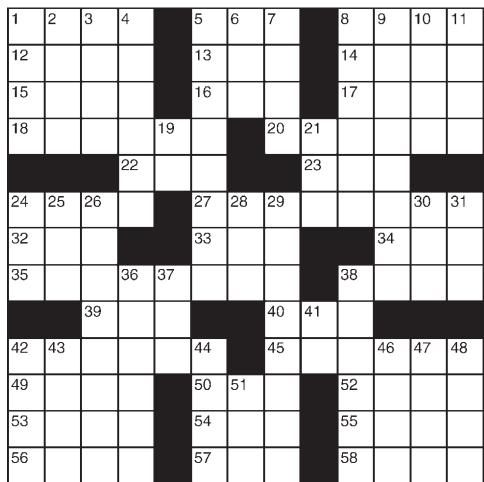
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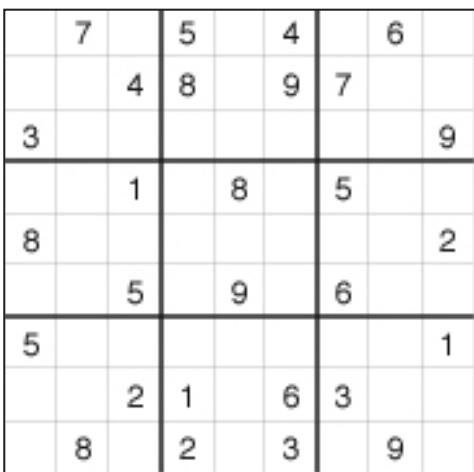
Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

Horoscopes by Sally Brompton sallybrompton.com

ARIES
MARCH 21-APRIL 20

You are up front and honest with other people today they will be up front and honest with you.

LIBRA
SEPT 23-OCT 23

Because mind planet Mercury is now moving retrograde through your birth sign you must make sure that everything you do is built on facts.

TAURUS
APRIL 21-MAY 21

You may be planning a change in your work or your daily routine but with Mercury now moving retrograde it might be wise to hold fire on the idea.

SCORPIO
OCT 24-NOV 22

Is your mind playing tricks on you? It certainly looks that way. Pluto, your ruler, endows you with an envious ability to see further and deeper.

GEMINI
MAY 22-JUNE 21

Your mind may be full of big ideas at the moment but you are advised not to take them too seriously, at least not for now.

SAGITTARIUS
NOV 23-DEC 21

You've had your suspicions that someone you thought you could trust has been telling you lies and what happens today will confirm it.

CANCER
JUNE 22-JULY 22

The message of the stars for Cancer today is that you are allowing your thoughts a free rein.

CAPRICORN
DEC 22-JAN 20

You will find it easy to get through to employers today but because of Mercury you would be wise not to tell them too much.

LEO
JULY 23-AUG 23

You may not agree with the path that a friend or a relative has chosen to follow but you have no option but to accept it.

AQUARIUS
JAN 21-FEB 18

It seems like the more you expect of other people the less they deliver and the more disappointed that makes you.

VIRGO
AUG 24-SEPT 22

No matter how cautious a Virgo you may be by nature you are in the mood to take risks today.

PISCES
FEB 19-MARCH 20

A money matter may demand your attention but the planets warn if you act in haste you will do more harm than good.

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WORDY GURDY® BY TRICKY RICKY KANE

1. Pointed end on the Titanic, for one (1)
2. Hurl a pitch under the strike zone (1)
3. Persistently question The Donald (1)
4. Fatigued "Rescue Me" star Dennis (2)
5. NY NBA team's building blocks (1)
6. One who grieves for corner-sitter Jack (2)
7. Handing out poker cards on one's patellas (2)

ANSWERS: 1. TITANIC 2. OVER 3. DONALD 4. DENNIS 5. KNICKS 6. BRICKS 7. HOLLOW 8. MORTIMER 9. DELETING 10. LEADERSHIP

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For more delicious Metro recipes, visit: metronews.ca/food

Metro Recipe of the Day



Tofu Satay

INGREDIENTS:

14 oz (400 g) firm tofu
1 eggplant
1 red onion
8 fresh baby corn cobs, halved on diagonal
1/2 cucumber
3 1/2 cups (875 ml) bean sprouts
2 tbsp (25 ml) unsalted peanuts

SATAY SAUCE:

1/3 cup (75 ml) crunchy peanut butter
1 tsp (5 ml) salt-reduced soy sauce
1 tsp (5 ml) honey
1 tsp (5 ml) Chinese rice vinegar or cider vinegar
1 large garlic clove, peeled
1 scallion, chopped
3 oz (90 ml) reduced-fat coconut milk
1 tbsp (15 ml) sweet chili sauce

METHOD:

1: Soak 12 bamboo skewers in cold water to prevent them from burning on barbecue or under broiler. For satay sauce, combine peanut butter, soy sauce, honey, vinegar, garlic, scallion, coconut milk and chili sauce in blender or food processor for a thick, almost smooth mixture.

2: Preheat barbecue or broiler. Cut tofu and eggplant into 1-in. (2.5 cm)

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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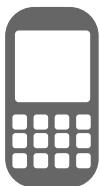
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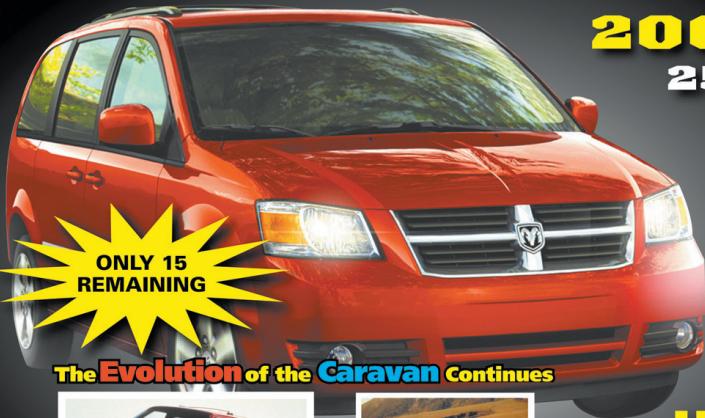


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